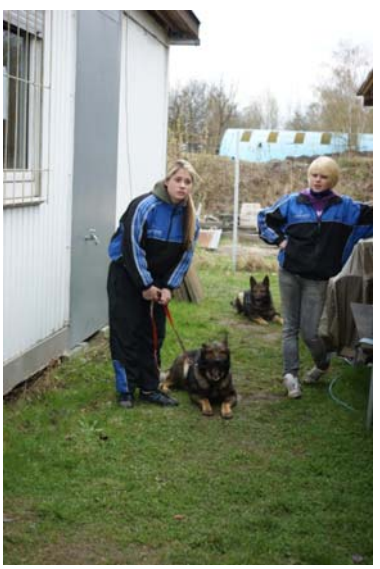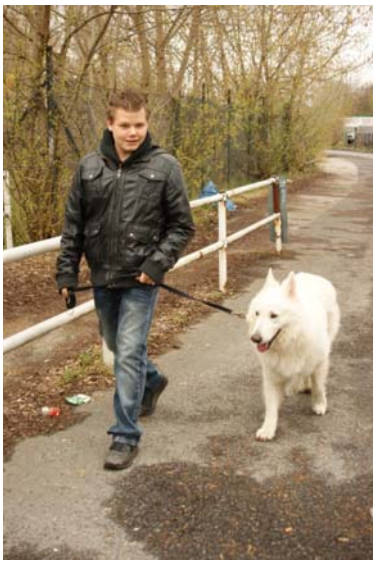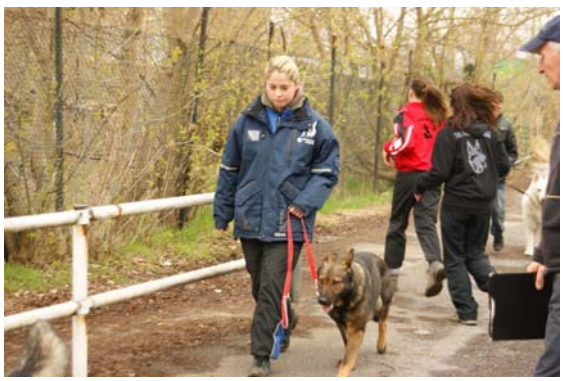Der Sonntag